

The 15th Annual...

Make a Difference...

Save a Life!

5K race/walk



To benefit Suicide Prevention Center, Inc.

Saturday, April 7, 2018

10 a.m.

Dayton VA Medical Center, Bldg.

305, Dayton, Ohio 45428

co-sponsored by:



Dayton VA MEDICAL CENTER

We invite you, your family and friends to participate in our 5K Run/Walk to benefit Suicide Prevention Center, Inc. (SPC). The center is comprised mostly of volunteers who answer the crisis hotlines and provide help to people who are feeling overwhelmed. Your participation in this race, along with your donation, will help Suicide Prevention Center serve the crisis needs of the people of the greater Miami Valley (24 southwestern OH counties). Those wishing to walk/run in the name of a friend or loved one who died by suicide are encouraged to attend. Suicide is preventable! If you know what to look for and what to do, you can save a life.

REGISTRATION INFORMATION:

Please fill out the attached form and mail to: 5K Race/Walk c/o Suicide Prevention Center, Inc. P.O. Box 1393 Dayton, OH 45401-1393

To register online, or to download this form or a Dayton VA Medical Center map visit

www.suicidepreventioncenter.tk (click on Fundraising Events). For more information contact: (937) 226-0818.

Race fees:

Received by March 21, 2018.....\$25 (27\*) (Includes t-shirt)

(Orders after March 21, 2018, are not guaranteed a t-shirt)

After March 21, entry fee is..... \$30 (32\*)

Race day registration begins at 8:30 a.m.

Event is rain or shine; no refunds. T-Shirts not picked up on April 7, 2018 become property of SPC.

AWARDS:

Awards will be presented to overall winners and the male and female winners in the following age groups: under 10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and over.

DIRECTIONS TO DAYTON VA MEDICAL CENTER;

From East: Take US-35 West toward Eaton. Take Liscum Dr. exit, turn right onto Liscum Dr. Turn right into the Dayton VA Medical Center, Dayton, OH 45428.

From West: Take US-35 East toward Dayton. Take Liscum Dr. exit, turn left onto Liscum Dr. Turn right into the Dayton VA Medical Center, Dayton, OH 45428.

Make a Difference...Save a Life!

5K Race/Walk

Registration form

Team \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City State Zip

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Male Female Age

Select a t-shirt size: child S, M or L; adult S, M, L, XL, XXL or XXXL.

Registration fee: \$\_\_\_\_\_ (includes T-shirt)

\*XXL or XXXL- \$2 additional

Donation to Suicide Prevention Center, Inc. (optional) \$\_\_\_\_\_

Total enclosed: \$\_\_\_\_\_

(Make checks payable to Suicide Prevention Center, Inc.)

In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors, and assigns, all claims arising from my participation in the Make a difference...5K, and do hereby release the Suicide Prevention Center, all sponsors, Sportopia, Inc. their representatives, employees, officials, volunteers, successors, and assigns for any and all injuries and damage to me or my property in said event; and agree to hold above listed harmless from any claims. I attest and verify that I am physically fit and understand the risks for such race/walk and have trained adequately in preparation.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or guardian if under 18)